

DERIVATION OF ENERGY FLUX IN A GRAVITATIONAL WAVE

$$t_{\mu\nu} = \frac{c^4}{8\pi G} R_{\mu\nu}^{(2)} \quad [R \rightarrow 0 \text{ as we show}]$$

$$\Gamma_{\mu\nu}^{\alpha} = \frac{1}{2} \sum_{\beta} g^{\alpha\beta} \left(\frac{\partial g_{\nu\beta}}{\partial x^{\mu}} + \frac{\partial g_{\mu\beta}}{\partial x^{\nu}} - \frac{\partial g_{\mu\nu}}{\partial x^{\beta}} \right)$$

(CRISTOFFEL SYMBOL)

$$R_{\mu\nu} = \sum_{\alpha} \frac{\partial}{\partial x^{\alpha}} \Gamma_{\mu\nu}^{\alpha} - \frac{\partial}{\partial x^{\mu}} \sum_{\alpha} \Gamma_{\alpha\nu}^{\alpha} + \sum_{\alpha, \gamma} \left(\Gamma_{\mu\nu}^{\alpha} \Gamma_{\alpha\gamma}^{\gamma} - \Gamma_{\gamma\nu}^{\alpha} \Gamma_{\alpha\mu}^{\gamma} \right)$$

(RICCI TENSOR)

NOW DROP SUM ON REPEATED INDEX...

TO FIRST ORDER IN $h_{\mu\nu} = \epsilon_{\mu\nu} e^{ik_{\alpha} x^{\alpha}} + \epsilon_{\mu\nu}^{*} e^{-ik_{\alpha} x^{\alpha}}$

$$\Gamma_{\mu\nu}^{\alpha} = \frac{1}{2} (ik_{\mu} \epsilon_{\nu\beta} + ik_{\nu} \epsilon_{\mu\beta} - ik_{\beta} \epsilon_{\mu\nu}) \eta^{\alpha\beta} e^{ik_{\delta} x^{\delta}} + (*)$$

$$\Gamma_{\mu\nu}^{\alpha} \Gamma_{\alpha\gamma}^{\gamma} - \Gamma_{\gamma\nu}^{\alpha} \Gamma_{\alpha\mu}^{\gamma} = \leftarrow \boxed{\text{AVERAGE OVER TIME}}$$

$$\begin{aligned} & \frac{1}{2} (k_{\mu} \epsilon_{\nu\beta} + k_{\nu} \epsilon_{\mu\beta} - k_{\beta} \epsilon_{\mu\nu}) \eta^{\alpha\beta} \frac{1}{2} (k_{\alpha} \epsilon_{\gamma\delta}^{*} + k_{\gamma} \epsilon_{\alpha\delta}^{*} - k_{\delta} \epsilon_{\alpha\gamma}^{*}) \eta^{\gamma\delta} \times 2 \\ & - \frac{1}{2} (k_{\gamma} \epsilon_{\nu\beta} + k_{\nu} \epsilon_{\gamma\beta} - k_{\beta} \epsilon_{\gamma\nu}) \eta^{\alpha\beta} \frac{1}{2} (k_{\alpha} \epsilon_{\mu\delta}^{*} + k_{\mu} \epsilon_{\alpha\delta}^{*} - k_{\delta} \epsilon_{\alpha\mu}^{*}) \eta^{\gamma\delta} \times 2 \\ & = \frac{1}{2} (k_{\mu} \epsilon_{\nu\beta} + k_{\nu} \epsilon_{\mu\beta} - k_{\beta} \epsilon_{\mu\nu}) (k^{\beta} \epsilon_{\delta}^{\delta} + k^{\delta} \epsilon_{\delta}^{\beta} - k_{\delta} \epsilon^{\beta\delta})^{*} \\ & - \frac{1}{2} (k_{\gamma} \epsilon_{\nu\beta} + k_{\nu} \epsilon_{\gamma\beta} - k_{\beta} \epsilon_{\gamma\nu}) (k^{\beta} \epsilon_{\mu}^{\gamma} + k_{\mu} \epsilon^{\beta\gamma} - k^{\gamma} \epsilon_{\mu}^{\beta})^{*} \end{aligned}$$

Work in TT gauge. Then $k^{\alpha} \epsilon_{\alpha\beta} = 0$, $\epsilon_{\delta}^{\delta} = 0$

$$k^2 = 0 \quad \text{and} \quad \boxed{\Gamma_{\mu\nu}^{\alpha} \Gamma_{\alpha\gamma}^{\gamma} - \Gamma_{\gamma\nu}^{\alpha} \Gamma_{\alpha\mu}^{\gamma} = -\frac{1}{2} k_{\mu} k_{\nu} \epsilon_{TT,\beta\gamma}^{*} \epsilon_{TT}^{\beta\gamma}}$$

To second order in $h_{\mu\nu}$,

$$\overline{\Gamma^\alpha_{\mu\nu}} = \frac{i}{2} \epsilon^{\alpha\beta} (k_\mu \epsilon_{\nu\beta}^* + k_\nu \epsilon_{\mu\beta}^* - k_\beta \epsilon_{\mu\nu}^*) + (*)$$

$$\frac{\partial}{\partial x^\alpha} \overline{\Gamma^\alpha_{\mu\nu}} = 0 \quad \text{since} \quad \epsilon^{\alpha\beta} k_\alpha = 0 \quad \text{for TT}$$

(Terms in $\Gamma^\alpha_{\mu\nu} \propto e^{\pm 2ik_\alpha x^\alpha}$ average to 0.)

$$\text{Also term } + k_\mu k_\nu \epsilon_{TT}^{\alpha\beta} \epsilon_{TT,\alpha\beta}^* \text{ from } -\frac{\partial}{\partial x^\mu} \Gamma^\alpha_{\alpha\nu}$$

$$\text{So } \overline{R_{\mu\nu}} = +\frac{1}{2} k_\mu k_\nu \epsilon_{TT}^{\alpha\beta} \epsilon_{TT,\alpha\beta}^* \quad (R \propto k^2 = 0)$$

$$\overline{t_{\mu\nu}} = \frac{c^4}{8\pi G} \times \overline{R_{\mu\nu}} = \frac{c^4 k_\mu k_\nu}{16\pi G} \epsilon_{TT}^{\alpha\beta} \epsilon_{TT,\alpha\beta}^*$$

More generally $\epsilon_\alpha^\alpha \neq 0$ and $\downarrow$ THIS RESULT DOES NOT DEPEND ON HARMONIC GAUGE CONDITION

$$\overline{t_{\mu\nu}} = \frac{c^4 k_\mu k_\nu}{16\pi G} \left[\epsilon^{\alpha\beta} \epsilon_{\alpha\beta}^* - \frac{1}{2} |\epsilon^\alpha_\alpha|^2 \right]$$

Writing directly in terms of x^μ -derivatives,

$$t_{\mu\nu} = \frac{c^4}{32\pi G} \left\{ \frac{\partial}{\partial x^\mu} (h_{TT}^{\alpha\beta}) \frac{\partial}{\partial x^\nu} (h_{TT,\alpha\beta}^*) - \right\} \quad \text{TRANSVERSE TRACELESS GAUGE}$$

$$t_{\mu\nu} = \frac{c^4}{32\pi G} \left[\frac{\partial h^{\alpha\beta}}{\partial x^\mu} \frac{\partial h_{\alpha\beta}^*}{\partial x^\nu} - \frac{1}{2} \frac{\partial h^\alpha_\alpha}{\partial x^\mu} \frac{\partial h^{\alpha\alpha*}}{\partial x^\nu} \right]$$