Entropy Production During Preheating : A Shock-in-Time

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Starting the Big Bang



Huge entropy production

But how does it happen?

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(Toy) Model for the Transition

Basic Requirements

- Inflation must end
- $\bullet\,$ Must produce Standard Model particles \rightarrow couplings to other particles

Model
$$V(\phi, \chi) = rac{1}{2}m^2\phi^2 + rac{1}{2}g^2\phi^2\chi^2$$

Background Evolution

During inflation, $H \gg m$

$$\phi \sim \phi_0 - \sqrt{\frac{3}{2}}mt \rightarrow \sim {
m constant}$$

After inflation $H \leq m$

$$\phi \sim \phi_{end} \frac{\sin(mt)}{a^{3/2}} \to \text{oscillating}$$

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Preheating: Linear Resonance

[Kofman, Linde, Starobinski '94, '97]

Linear Fluctuations

$$\ddot{\chi_k} + 3H\dot{\chi_k} + \left(\frac{k^2}{m^2a^2} + \frac{\phi_{end}^2g^2}{m^2a^3}\sin^2(mt)\right)\chi_k = 0$$



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Existence of Parametric Instability

- Dynamical field with oscillating mass
- Background field to create this oscillating mass

This is **not** special to this model

Model Requirments

- $\bullet\,$ Inflation must end $\rightarrow\,$ inflaton oscillates about minimum
- Inflaton must decay \rightarrow time-dependent parameters for coupled fields

Rich zoo of instabilities

- tachyonic preheating $M^2_{eff}=k^2+V''(ar{\phi})<0$ (e.g. hybrid inflation)
- tachyonic resonance (~ $\phi\chi^2$, ~ $\phi F \tilde{F}$)
- resonance persists with multiple inflatons
- stringy effects

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Linear growth of fluctuations must end

• Expansion weakens resonance

or

• Nonlinear effects and backreaction become important

Focus on second

Effective particle occupation number

During linear regime

$$n_k = \frac{1}{2\omega_k} \left(\omega_k^2 |\phi_k|^2 + |\dot{\phi_k}|^2 \right) - \frac{1}{2} \sim \frac{E_k}{\omega_k}$$

$$\omega_k^2 = \frac{k^2}{a^2} + g^2 \bar{\phi}^2$$

 $a^3 n_k \gg 1 \rightarrow$ classical wave regime.

We can perform **classical** numerical simulations.

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Assumed metric and Lagrangian

$$ds^2 = -dt^2 + a(t)^2 d\mathbf{x}^2$$
 $\mathcal{L}_{mat} = -\sum_i rac{1}{2} \partial_\mu \phi_i \partial^\mu \phi_i - V(ec{\phi})$

Equations of Motion (derived from action)

$$\ddot{\phi}_i + 3H\dot{\phi}_i - \frac{\nabla^2 \phi_i}{a^2} + \frac{\partial V}{\partial \phi_i} = 0 \qquad \qquad H^2 = \left(\frac{\dot{a}}{a}\right)^2 = \frac{\langle \rho \rangle}{3M_{\rho l}^2}$$
$$\rho = -T_0^0 = \sum_i \frac{\dot{\phi}_i^2}{2} + \frac{(\nabla \phi_i)^2}{2a^2} + V(\vec{\phi})$$

Initial Spectrum

Gaussian Random Field:
$$P_{\phi}(k) = rac{1}{2\omega_{k}}$$

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Evolution of $\ln(\rho/\bar{\rho})$

MPI-enabled DEFROST [Frolov] with symplectic integrator[Frolov, Huang] (up to $O(dt^7)$)

This all looks complicated

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But it has some amazing simplicity

Fluid variables have simple PDF's after initial transient

 $\rho/\bar{\rho}$ Distribution of Energy Current 1 n 0.9 900 0.8 800 Distribution of Energy Density 700 Normalized Probability 0.6 600 900 0.5 -500 0.8 800 0.4 400 Normalized Probability 0.6 0.7 0.7 0.7 700 600 0.2 200 Time (mt) 500 0.1 100 400 -0.5 a T<mark>i</mark> / (p + P) 300 0.2 200 0.1 100 $v_x = \frac{aT_0^x}{\rho + P}$ 0.5 1.5 2.5 o / 3H²

How can we quantify this transition?

Nonequilibrium Entropy in Field Theory

Shannon (c.f. Von Neumann) Entropy

$$S_{shannon} = -\mathrm{Tr}P[f]\ln P[f]$$

P[f]: Probability density functional



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Coarse-Graining Procedure

- Take all of our knowledge of the system
- Maximize S subject to constraints imposed by this knowledge

A coarse-graining is already implicit in taking our system to be probabilistic (c.f. difference between mixed state and pure state)

Application to Preheating

Constraint = Measured Power Spectrum

Power Spectrum $P(k) \rightarrow$ Covariance matrix C (homogeneous field) $S_{shannon}$ maximized by multivariate-Gaussian with spectrum P(k)

$$\frac{S}{N} = \frac{1}{2} + \frac{1}{2}\ln(2\pi) + \frac{1}{2N}\ln\det C$$
$$= \frac{1}{2} + \frac{1}{2}\ln(2\pi) + \frac{1}{2N}\sum_{\mathbf{k}}\ln(P(k))$$

N : number of modes (or volume in case of continuum field)

Dynamical Field

Choose : $f = \ln(\rho(\mathbf{x})/\bar{\rho}) \sim$ phonons (sound waves)

- Measurable quantity (regardless of model choice)
- ρ cannot be Gaussian

Power Spectrum Evolution ...

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... leads to a Shock-in-Time

[Bond, JB (in preparation)]



The Analogy

Spatial Shock

- $v_{bulk}^2 > c_s^2
 ightarrow v_{bulk}^2 < c_s^2$
- Characteristic spatial scale
- Mediated by viscosity or collisionless dynamics
- Randomizing : shock front ΔS
- Post-shock evolution towards thermalization
- Jump in conserved quantities
- Timelike surface

Shock-in-Time

- $\ln(\frac{\rho}{\bar{\rho}})^{-1} \gg 1 \rightarrow \ln(\frac{\rho}{\bar{\rho}})^{-1} \sim 1$
- Characteristic time scale
- Mediated by gradients and nonlinearities
- Randomizing : cascade/part. production ΔS
- Slow post-shock evolution
- Jump in $a^{3(1+w)}\rho$
- Can be spacelike surface

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Scale Dependence of the Entropy

$$rac{\mathrm{d}(S/N)}{\mathrm{d}t} \propto rac{1}{2N} \sum_{k \leq k_{cut}} rac{\mathrm{d}}{\mathrm{d}t} \ln(P(k))$$

Normalized Entropy Production Rate



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The shock in real space

Loss of coherence \leftrightarrow shock-in-time

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Scaling Properites of the Post-Shock State

$$ho_{s+1} = \sum_{s+(i,j,k)}
ho_s$$
 $0 \le i,j,k \le 1$

Hierarchy of fluctuations around local background.



log(a)

And in Fourier Space ...

Evolution of excess kurtosis for fourier amplitudes.

...the PDF's also become Gaussian

$$0 < \frac{k}{m} < 20$$

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...the PDF's also become Gaussian

$$20 < \frac{k}{m} < 40$$

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Density Perturbations from Preheating

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Density Perturbations from Preheating



$$\zeta = \delta \ln(a)|_{H} = \delta \ln(a)|_{\rho}$$

Spatially modulate expansion history \rightarrow curvature perturbations

Modulated Preheating





What can we modulate

- The timing of the shock (yes)
- The in-shock evolution (yes)
- The post-shock evolution (probably)

Timing: Modulated Preheating

[Bond, JB (in preparation)]

Allow couplings between ϕ , χ to depend on other light fields.



Differences in shock timing lead to perturbations in $\delta \ln(a)$.

But...

- $w_{post-shock} \neq \frac{1}{3}$, not instantaneous decay
- $g^2(\sigma + \delta \sigma)$ is a complicated function, can't Taylor expand

What about the post-shock evolution?

$$\langle P \rangle = \frac{1}{3} \langle \rho \rangle + H \langle \phi_i \dot{\phi}_i \rangle + \frac{1}{3} \langle V_{|\phi_i} \phi_i \rangle - \frac{4}{3} \langle V \rangle + \frac{1}{6} \langle \frac{d^2 \phi_i^2}{dt^2} \rangle$$
(1)

Deviations from radiation EOS are determined by various field moments.

Chaotic Billiards: In-Shock Modulation [Bond, Frolov, Huang, Kofman '09][Bond, JB, Frolov, Huang '12]



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Evolution of $\ln(\rho/\bar{\rho})$

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Isocurvature Perturbations ...



 χ fluctuations are light during inflation \rightarrow isocurvature modes



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... Create Density Perturbations



$$\Phi(\mathbf{x}) = \Phi_G(\mathbf{x}) + F_{NL}(\chi_G)$$

This is not the usual parameterization

$$\Phi = \Phi_G + f_{nl} (\Phi_G^2 - \langle \Phi_G^2 \rangle)$$

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Where do the spikes come from?



$$V_{eff} = rac{\lambda}{4} \phi^4 + rac{1}{2} (\phi^2 + \langle \delta \phi^2
angle) \chi^2$$

In arm and out-of-arm trajectories have different expansion histories

$$\chi(t+T)=e^{\mu_0 T}\chi(t)$$

Evolution on a Non-Spike Trajectory

[Video courtesy of Andrei Frolov]

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Evolution on a Spike Trajectory

[Video courtesy of Andrei Frolov]

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The view on a single spike



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How is this related to the shock? $\delta ln(a)$ structure set at the shock



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Conclusions

- New framework with which to discuss preheating using entropy
 - Shock-in-time connects linear regime to nonlinear (and nonequilibrium) post-shock regime
 - Most of the entropy is produced at the shock (most violent part of preheating)
 - Post-shock state evolves slowly,
- Preheating can leave nonGaussian density fluctuations
 - Requires a source of modulation in preheating dynamics (new light fields or long-wavelengths of preheat fields)
 - The final perturbation is largely set at the time of the shock
- Future Directions
 - ▶ What happens when we incorporate more fields (e.g. Standard Model)

Classify potentials that allow spiky nongaussianity