Cosmological Imprints of the Ultra-Large Scale Universe

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Imperial College London, November 18, 2016

w/ Hiranya Peiris, Matthew Johnson and Anthony Aguirre based on arXiv:1604.04001 and *in progress*

Inhomogeneous Nonlinear Ultra-Large Scale Cosmology



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... A Mosaic of Interesting Dynamics

- Strongly inhomogeneous and nonlinear cosmological initial conditions (this talk) [JB, Peiris, Johnson, Aguirre]
- Isocurvature mode conversion into intermittent density perturbations [JB, Bond, Frolov, Huang]
 - Caustic formation in chaotic long wavelength dynamics
 - Generalised form of local nonGaussianity
- First order phase transitions [JB, Bond, Mersini-Houghton]
- Entropy production in highly inhomogeneous nonlinear field theories [JB, Bond]

Spatially intermittent dynamics, fundamental issues in QFT, novel and poorly constrained observables

Outline

- Brief Review of Cosmology and Role of Inflation
- Ultra-Large Scale Structure and the Superhorizon Universe
- Application of Numerical Relativity to Constrain Ultra-Large Scale Structure
- Constraints on Inflationary Initial Conditions from the CMB

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 (Time Permitting) Intermittent NonGaussianity from Preheating (End-of-Inflation)

History of the Universe



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The CMB and LSS



Inflation: Only a few parameters

$$P_{\zeta}(k) = Ak^{n_s - 1} \qquad r = 16\epsilon$$

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- Nature of Inflaton?
- Initial Conditions?

Ultra-Large Scale Structure



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Ultra-Large Scale Structure



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Local Remnants of Ultra-Large Scale Structure?

Ultra-Large Scale Structure



Local Remnants of Ultra-Large Scale Structure?

- Structure present at start of inflation
- Conversion of structure during or after inflation



What About Ultra-Large Scales



Evolve long wavelength modes dynamically CMB scales see locally homogeneous background

Ultra Large Scale Structure



Dawn of Numerical Relativity in Cosmology

- Bentivegna, Bruni
- Mertens, Giblin, Starkman
- Kleban, Linde, Senatore, West
- Peiris, Johnson, Feeney, Aguirre, Wainwright (symmetry reduced bubbles)
- Adamek, Daverio, Durrer, Kunz (weak field subhorizon)

Clough, Lim, DiNunno, Fischler, Flauger, Paban

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Connection of Initial Conditions with Observables

- Requires Monte Carlo sampling of Initial Conditions
- Highly accurate integrators to achieve machine precision

Observational Constraints

 $\Pr(A_{\phi}, H_I L_{\text{obs}} | C_2^{\text{obs}}, \dots) \propto \mathcal{L}(A_{\phi}, H_I L_{\text{obs}}) \Pr(A_{\phi}, H_I L_{\text{obs}} | \dots)$

- A_{ϕ} : Fluctuation Amplitude $P(k) \propto A_{\phi}^2$
- $H_I L_{obs}$: Uncertain post-inflation expansion history
- ... : $V(\phi)$, spectrum shape, IC hypersurface, $C_2^{\text{high}-\ell}$, etc.

Planck measured C_ℓ : low ℓ observed and high ℓ "theory"

$$C_2^{\text{obs}} = 253.6\mu K^2$$
 $C_2^{\text{high}-\ell} = 1124.1\mu K^2$

Numerical GR Input

$$\mathcal{L}(A_{\phi}, H_{I}L_{\text{obs}}) = \Pr\left(\hat{C}_{2}|A_{\phi}, H_{I}L_{\text{obs}}, \dots\right)$$

Not equivalent to $\langle C_2\rangle$ from integrating spectrum

Dimensional Reduction: Planar Symmetry

Needed to Monte Carlo over initial field realisations

Synchronous Gauge

$$ds^{2} = -d\tau^{2} + a_{\parallel}^{2}(x,\tau)dx^{2} + a_{\perp}^{2}(x,\tau)(dy^{2} + dz^{2})$$

Residual gauge freedom : $a_{\parallel}(x,\tau=0)$, $a_{\perp}(x,\tau=0)$

Isotropised Expansion

$$a \equiv \det(\gamma_{ij})^{1/6} = \left(a_{\parallel}a_{\perp}^{2}\right)^{1/3}$$
$$H \equiv -\frac{1}{3}\gamma^{ij}K_{ij} = -\frac{1}{3}\left(K^{x}{}_{x} + 2K^{y}{}_{y}\right)$$

Initial Conditions: Field

Work in Spatially Flat Gauge $a_{||}(\tau = 0) = 1 = a_{\perp}(\tau = 0)$

$$\phi(x) = \bar{\phi} + \delta\hat{\phi}$$

 $\bar{\phi}$ gives desired ${\cal N}$ e-folds of inflation in homogeneous limit $3H_{\rm I}^2\equiv V(\bar{\phi})$

Field Fluctuations

$$\delta\hat{\phi}(x_i) = A_{\phi} \sum_{n=1} \hat{G} e^{ik_n x_i} \sqrt{P(k_n)} \qquad \hat{G} = \sqrt{-2\ln\hat{\beta}} e^{2\pi i\hat{\alpha}}$$

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$$P(k) = \Theta(k_{\max} - k) \qquad H_{\rm I}^{-1}k_{\max} = 2\pi\sqrt{3}$$

Initial Conditions: Metric

Work in Spatially Flat Gauge $a_{||}(\tau=0)=1=a_{\perp}(\tau=0)$

Momentum Constraint Sews Neighbouring Grid Sites Together $0 = \mathcal{P} = K^y{}_y{}' - \frac{a'_{\perp}}{a_{\perp}} (K^x{}_x - K^y{}_y) - \frac{\phi'\Pi_{\phi}}{2a_{\parallel}M_P^2}$

Hamiltonian Constraint Enforces Energy Conservation

$$0 = \mathcal{H} = \frac{2a_{\perp}a'_{\parallel}a'_{\perp} - a_{\parallel}a'^{2}_{\perp} - 2a_{\parallel}a_{\perp}a''_{\perp}}{a^{2}_{\parallel}a^{2}_{\perp}} + 2K^{x}_{x}K^{y}_{y} + K^{y}_{y}^{2}$$
$$- M_{P}^{-2}\left(\frac{\phi'^{2} + \Pi_{\phi}^{2}}{2a^{2}_{\parallel}} + V\right) = 0$$

Distribution of Initial Conditions



What's the response in the curvature perturbation?

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Time Evolution

$$\begin{split} \dot{a_{\parallel}} &= -a_{\parallel}K^{x}{}_{x}, \qquad \dot{a_{\perp}} = -a_{\perp}K^{y}{}_{y}, \\ \dot{K^{x}}_{x} &= \frac{a_{\perp}'^{2}}{a_{\perp}^{2}a_{\parallel}^{2}} + K^{x}{}_{x}{}^{2} - K^{y}{}_{y}{}^{2} + \frac{\left(\Pi_{\phi}^{2} - \phi'^{2}\right)}{2a_{\parallel}^{2}M_{P}^{2}}, \\ \dot{K^{y}}_{y} &= -\frac{a_{\perp}'^{2}}{2a_{\perp}^{2}a_{\parallel}^{2}} + \frac{3}{2}K^{y}{}_{y}{}^{2} - \frac{V(\phi)}{2M_{P}^{2}} + \frac{\left(\Pi_{\phi}^{2} + \phi'^{2}\right)}{4a_{\parallel}^{2}M_{P}^{2}}, \\ \dot{\Pi}_{\phi} &= 2K^{y}{}_{y}\Pi_{\phi} + \frac{1}{a_{\parallel}}\phi'' + \left(\frac{2a_{\perp}'}{a_{\parallel}a_{\perp}} - \frac{a_{\parallel}'}{a_{\perp}^{2}}\right)\phi' - a_{\perp}\partial_{\phi}V(\phi), \\ \dot{\phi} &= \frac{\Pi_{\phi}}{a_{\parallel}} \end{split}$$

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$$V(\phi) = V_0 \left(1 - e^{-\sqrt{\frac{2}{3\alpha}}\frac{\phi}{M_P}}\right)^2$$

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• $\alpha \ll 1 \rightarrow$ small-field model

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- $\alpha \ll 1 \rightarrow$ small-field model
- $\alpha = 1 \rightarrow \text{Starobinski}$

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- $\blacktriangleright \ \alpha \ll 1 \rightarrow {\rm small-field} \ {\rm model}$
- $\blacktriangleright \ \alpha = 1 \rightarrow \mathsf{Starobinski}$
- $\blacktriangleright \ \alpha \gg 1 \to m^2 \phi^2/2$

$$V(\phi) = V_0 \left(1 - e^{-\sqrt{\frac{2}{3\alpha}}\frac{\phi}{M_P}}\right)^2$$



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CMB Parameter Predictions





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Numerical Approach

Machine precision accuracy

- ▶ Gauss-Legendre time-integrator ($O(dt^{10})$, symplectic)
- Fourier pseudospectral discretisation (exponential convergence)

Fast to allow sampling

- Adaptive time-stepping
- Adaptive grid spacing

 $\mathcal{O}(1s-10s)$ to evolve through 60 e-folds of inflation

Convergence Testing : Dynamical Variables

Vary grid spacing dx at fixed dx/dt



Vary time-step dt at fixed dx



Convergence Testing : Constraint Preservation

Vary grid spacing dx at fixed dx/dt



Vary time-step dt at fixed dx



Self-Gravitating Dynamics: Isotropisation of Expansion



Expansion quickly isotropises itself

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Self-Gravitating Dynamics: Attractor Behaviour



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Self-Gravitating Dynamics: Geometry Attractor



Individual Lattice Sites Evolve Along Attractor Fixed H, ϵ_H are equivalent

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Self-Gravitating Dynamics: Spatially Dependent Expansion History



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Observations: Relation to Local Multipoles

$$\zeta(H) \equiv \delta \ln a |_{a_{\parallel}=1=a_{\perp}}^{H}$$

$\mbox{Large-scale perturbations} \rightarrow \\ \mbox{evaluate } \zeta \mbox{ on last-scattering surface around a point } x_0 \\$

Expand for Large-Scale Fluctuations

$$\zeta(x_0+r_{\rm ls}) \approx \zeta(x_0) + (H_I r_{ls}) \frac{\partial \zeta}{\partial (H_I x_p)}(x_0) + \frac{(H_I r_{ls})^2}{2} \frac{\partial^2 \zeta}{\partial (H_I x_p)^2}(x_0) + \dots$$

Matches onto Multipoles

$$a_{20}^{(UL)} \approx F(L_{\rm obs}H_{\rm I})^2 \partial_{x_p}^2 \zeta \simeq F(L_{\rm obs}H_{\rm I})^2 \frac{1}{a_{\parallel}} \partial_x \left[\frac{\partial_x \zeta}{a_{\parallel}}\right]$$

Required Evolution



Initial Conditions $(\tau = 0)$

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Required Evolution



End of Inflation $(\epsilon_H = -d \ln H/d \ln a = 1)$

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Freeze-in of Superhorizon Perturbations



Initial transient modifies result from separate universe approximation

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Observational Constraints

$$\Pr(A_{\phi}, H_I L_{\text{obs}} | C_2^{\text{obs}}, \dots) \propto \mathcal{L}(A_{\phi}, H_I L_{\text{obs}}) \Pr(A_{\phi}, H_I L_{\text{obs}} | \dots)$$
$$\mathcal{L} = \Pr(C_2^{\text{obs}} | A_{\phi}, H_I L_{\text{obs}}, \dots)$$

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$$C_2^{\text{obs}} = 253.6\mu K^2$$
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Numerical GR Input

$$\Pr\left(\hat{C}_2|A_{\phi}, H_I L_{\text{obs}}, \dots\right)$$





Evaluation of CMB Quadrupole

$$\hat{C}_{2} = \frac{1}{5} \left[\left(a_{20}^{(\text{UL})} + a_{20}^{(\text{Q})} \right)^{2} + \sum_{m=-2, m \neq 0}^{m=2} \left(a_{2m}^{(\text{Q})} \right)^{2} \right]$$

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Evaluation of CMB Quadrupole

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$$a_{2m}^{\rm (Q)}$$
 : Gaussian with $\langle (a_{2m}^{\rm (Q)})^2 \rangle = 1124.1 \mu K^2$



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Evaluation of CMB Quadrupole

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 $a_{20}^{(\mathrm{UL})}$: NR simulations



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Distribution of CMB quadrupole

$$\hat{C}_2 = \frac{1}{5} \left[\left(a_{20}^{(\text{UL})} + a_{20}^{(\text{Q})} \right)^2 + \sum_{m=-2, \ m \neq 0}^2 \left(a_{2m}^{(\text{Q})} \right)^2 \right]$$



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$$a_{20}^{(UL)} \approx \frac{F(H_{\rm I}L_{\rm obs})^2}{\partial_{x_p}^2} \zeta \simeq F(L_{\rm obs}H_{\rm I})^2 \frac{1}{a_{\parallel}} \partial_x \left[\frac{\partial_x \zeta}{a_{\parallel}}\right]$$

For a given $V(\phi)$

- F : nearly independent of A_{ϕ} and $H_I L_{\rm obs}$
- $H_{\rm I}L_{\rm obs}$: Unkown free parameter
- $\left\langle \left(\frac{1}{a_{\parallel}}\partial_{x}\left[\frac{\partial_{x}\zeta}{a_{\parallel}}\right]\right)^{2} \right\rangle$: A_{ϕ} dependent only

Relative RMS of superhorizon contribution depends of distance to last-scattering surface



 $a_{20}^{(UL)} \approx F(L_{\rm obs}H_{\rm I})^2 \partial_{x_p}^2 \zeta \simeq F(L_{\rm obs}H_{\rm I})^2 \frac{1}{a_{\parallel}} \partial_x \left[\frac{\partial_x \zeta}{a_{\parallel}} \right]$

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Constraints from the CMB Quadrupole



Strong Modification from Gaussian Ansatz at Large A_{ϕ}

Marginalised Constraints : A_{ϕ}



Constraint of A_{ϕ} as we marginalise over $L_{\rm obs}$

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Marginalised Constraints : $H_I L_{obs}$



Constraint of $L_{
m obs}$ as we marginalise over A_ϕ

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Heuristic Picture of Large Amplitude Effects



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Heuristic Picture of Large Amplitude Effects



Statistics of ζ



 $\boldsymbol{\zeta}$ and comoving derivatives nearly Gaussian

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Analytical Modelling

 $\zeta(H, x_{\rm com}) \sim {\rm GRF}$

Large-Scale Approximation for a_{20}

$$a_{20}(x_0) \approx \mathcal{A}e^{-2\zeta_{\parallel}(x_0)} \left(\zeta''(x_0) - \zeta'_{\parallel}(x_0)\zeta'(x_0)\right)$$

 ζ,ζ',ζ'' are correlated Gaussian random deviates, with covariance

$$C_{\zeta} = \begin{bmatrix} \sigma_0^2 & 0 & -\sigma_1^2 \\ 0 & \sigma_1^2 & 0 \\ -\sigma_1^2 & 0 & \sigma_2^2 \end{bmatrix}$$
$$\sigma_i = \int dk k^{2i} \left\langle \left| \tilde{\zeta}_k \right|^2 \right\rangle$$

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Anaytic a_{20} Distributions



Vary σ_{ζ} at fixed $\sigma_{\zeta^{(p)}}/\sigma_{\zeta}$

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Recall The Numerical Result



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Anaytic a_{20} Distributions



Vary $\sigma_{\zeta'}/\sigma_{\zeta}$ at fixed σ_{ζ} and $\sigma_{\zeta''}/\sigma_{\zeta}$

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Future Steps

- Three-dimensional simulations (in progress)
- Multi-field models (additional isocurvature modes, non-attractor, etc.)
- Inclusion of stochastic effects from subhorizon fluctuations (technical challenge)

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Correlated anomalies

NonGaussian Perturbations from Preheating Caustics



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- Structure present at start of inflation
- Conversion of structure during or after inflation

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Ultra-Large Scale Structure



Local Remnants of Ultra-Large Scale Structure?

- Structure present at start of inflation
- Conversion of structure during or after inflation

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Starting the Big Bang

Inflation



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Hot Big Bang



- Cold $(T \sim 0)$, $\frac{S}{V} \approx 0$
- Few active d.o.f.

- Hot (T > MeV), $\frac{S}{V} \propto g_{eff}(T)T^3$
- Many active d.o.f.

Huge entropy production

Does this leave any imprints?

Density Perturbations from Lattice Simulations c.f. [Rajantie and

Chambers, Bond, Frolov, Huang, and Kofman]



 $\zeta = \delta \ln(a)|_H = \delta \ln(a)|_\rho$

Spatially modulate expansion history \rightarrow curvature perturbations

Example : "Higgs" Inflation [Bond, JB, Frolov, Huang]

Jordan Frame

$$\begin{aligned} \frac{\mathcal{L}}{\sqrt{|g|}} = & \frac{M_P^2}{2} (1 + \xi \phi^2) \mathcal{R} - \frac{1}{2} \partial_\mu \phi \partial^\mu \phi - \frac{1}{2} \partial_\mu \chi \partial^\mu \chi \\ & - \frac{\lambda}{4} \phi^4 - \frac{g^2}{2} \phi^2 \chi^2 \end{aligned}$$



Example : "Higgs" Inflation [Bond, JB, Frolov, Huang]

Einstein Frame





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Example : "Higgs" Inflation [Bond, JB, Frolov, Huang]

Einstein Frame

$$\begin{aligned} \frac{\mathcal{L}}{\sqrt{|g|}} = & \frac{M_P^2}{2} \mathcal{R} - \frac{1}{2} \frac{1 + \xi(1 + 6\xi)\phi^2}{(1 + \xi\phi^2)^2} \partial_\mu \phi \partial^\mu \phi - \frac{1}{2} \frac{\partial_\mu \chi \partial^\mu \chi}{1 + \xi\phi^2} \\ &- \frac{\lambda}{4} \frac{\phi^4}{(1 + \xi\phi^2)^2} - \frac{g^2}{2} \frac{\phi^2 \chi^2}{(1 + \xi\phi^2)^2} \end{aligned}$$

- For certain choices of $\frac{g^2}{\lambda}$, $\chi_{k=0}$ mode is unstable
- $\langle \chi \rangle \equiv \chi_i$ has superhorizon fluctuations from inflation

• Chaotic billiards in a potential \rightarrow caustics

Evolution of $\ln(\rho/\bar{\rho})$

Creation of Superhorizon Density Perturbations in Time

 $\delta \ln(a)$ structure set prior to onset of mode-mode coupling



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Effective Modulating Function of Density Perturbations

$$\zeta = \zeta_{\inf} + F_{NL}(\chi)$$



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$$\zeta = F_{NL}(\chi)$$



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$$\zeta = F_{NL}(\chi)$$



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$$\zeta = F_{NL}(\chi)$$



$$\chi_i = 5.8 \times 10^{-6}$$

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$$\zeta = F_{NL}(\chi)$$



$$\chi_i = 6.6 \times 10^{-6}$$

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Initial Evolution on a Phase String

Ballistic Approach

Reduced Phase Space

 $\amalg(x,t) = (\phi(x,t),\Pi_{\phi}(x,t),a(t),H(t)) \rightarrow q(t) = (\phi(t),\Pi(t),a(t),H(t))$

Lattice Averages from Ballistics

$$\langle \mathcal{O}(q) \rangle_{\text{lattice}} \to \int dq_{\text{init}} \mathcal{O}(q(t|q_{\text{init}})) P(q(t_{\text{init}}))$$

Order or magnitudes gain in computational efficiency!

Conceptual simplicity

Comparison: Billiards vs. Lattice



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Density Perturbations from Caustic Formation

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Basic Ingredients

- Large-scale fluctuations in a modulating (i.e. isocurvature) field
- Zero-mode unstable (for billiard approximation)
- Trajectory dependent expansion history (such as flat directions)

These appear generically in theoretically motivated scenarios

... and some of them can be relaxed

An Alternative Mechanism: Modulation via Shock Timing







- $w_{\text{preshock}} \neq w_{\text{postshock}}$
- $\delta \ln(a_{\text{shock}}) \to \zeta$

but...

- $w_{\text{postshock}} \neq \frac{1}{3}$
- $\blacktriangleright w_{\rm postshock}$ depends on g^2

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Summary and Conclusions

Inflationary Initial Conditions

- Generation of dynamically generated ultra-large scale structure using numerical relativity
- Constraints obtained from CMB quadrupole based on full Bayesian analysis
- Gravitational nonlinearities extremely important in determining final distributions of observables
- Very large amplitude initial inhomogeneities more poorly constrained than intermediate amplitudes
- Comoving curvature perturbation ζ approximately GRF

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Preheating Caustics

- Generalised form of local nonGaussianity from preheating
- Novel interpretation in terms of decoupled trajectories
- Good agreement between ballistic and full lattice approach