Unveiling the physics of feedback in galaxy formation

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in collaboration with

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Outline

- Introduction and Motivation
 - Puzzles in galaxy formation
 - Galactic winds
 - Cosmic rays
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 - Sedov explosions
 - Galaxy simulations
 - Cosmological simulations

3 AGN feedback

- Heating the cooling gas in M87
- Diversity of cool core clusters
- Conclusions



Puzzles in galaxy formation Galactic winds Cosmic rays

Puzzles in galaxy formation



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Introduction and Motivation

Cosmic ray simulations AGN feedback Puzzles in galaxy formation Galactic winds Cosmic rays

Puzzles in galaxy formation





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Cosmic ray simulations AGN feedback Puzzles in galaxy formation Galactic winds Cosmic rays

Puzzles in galaxy formation





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Puzzles in galaxy formation





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Puzzles in galaxy formation

Bright-end of luminosity function:

 astrophysical solutions: AGN/quasar feedback,

Faint-end of luminosity function:

- dark matter (DM) solutions: warm DM, interacting DM, DM from late decays, large annihilation rates, ...
- astrophysical solutions:

-1.5 -2.0 -2.0 -3.0 -3.0

log(halo mass)

spiral galaxy

giant elliptical galax

- preventing gas from falling into DM potential wells: increasing entropy by reionization, blazar heating ...
- preventing gas from forming stars in galaxies: suppress cooling (photoionization, low metallicities), ...
- pushing gas out of galaxies: supernova/quasar feedback → galactic winds



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Galactic winds



supernova Cassiopeia A

X-ray: NASA/CXC/SAO; Optical: NASA/STScl; Infrared: NASA/JPL-Caltech/Steward/O.Krause et al. • galactic supernova remnants drive shock waves, turbulence, accelerate electrons + protons, amplify magnetic fields



Galactic winds



super wind in M82

NASA/JPL-Caltech/STScI/CXC/UofA

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- galactic supernova remnants drive shock waves, turbulence, accelerate electrons + protons, amplify magnetic fields
- star formation and supernovae drive gas out of galaxies by galactic super winds
- critical for understanding the physics of galaxy formation
 → may explain puzzle of low star conversion efficiency in dwarf galaxies



Galactic winds



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- critical for understanding the physics of galaxy formation
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Galactic winds

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The role of supernova remnants

- supernova remnant shocks amplify magnetic fields and accelerate CR electrons up to ~ 100 TeV (narrow X-ray synchrotron filaments observed by Chandra)
- pion bump provides evidence for CR proton acceleration (*Fermi*/AGILE γ-ray spectra)

Fermi observations of W44:







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The role of supernova remnants

- supernova remnant shocks amplify magnetic fields and accelerate CR electrons up to ~ 100 TeV (narrow X-ray synchrotron filaments observed by Chandra)
- pion bump provides evidence for CR proton acceleration (*Fermi*/AGILE γ-ray spectra)
- shell-type SNRs show evidence for efficient shock acceleration beyond ~ 100 TeV (HESS TeV γ-ray observations)



Fermi observations of W44: HESS observations of shell-type SNRs:

Introduction and Motivation Cosmic ray simulations

AGN feedback

Puzzles in galaxy formation Galactic winds Cosmic rays

Galactic cosmic ray spectrum



data compiled by Swordy

- spans more than 33 decades in flux and 12 decades in energy
- "knee" indicates characteristic maximum energy of galactic accelerators
- CRs beyond the "ankle" have extra-galactic origin
- energy density of cosmic rays, magnetic fields, and turbulence in the interstellar gas all similar



Galactic winds

Galactic wind in the Milky Way? Diffuse X-ray emission in our galaxy



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How are galactic winds driven?



super wind in M82

- thermal pressure provided by supernovae or AGNs?
- radiation pressure and photoionization by massive stars and QSOs?
- cosmic-ray (CR) pressure and Alfvén wave heating of CRs accelerated at supernova shocks?

observed energy equipartition between cosmic rays, thermal gas and magnetic fields

 \rightarrow suggests self-regulated feedback loop with CR driven winds



Puzzles in galaxy formation Galactic winds Cosmic rays

Why are CRs important for wind formation? Radio halos in disks: CRs and magnetic fields exist at the disk-halo interface



- CR pressure drops less quickly than thermal pressure $(P \propto \rho^{\gamma})$
- CRs cool less efficiently than thermal gas
- CR pressure energizes the wind → "CR battery"
- poloidal ("open") field lines at wind launching site
 → CR-driven Parker instability



Puzzles in galaxy formation Galactic winds Cosmic rays

Interactions of CRs and magnetic fields

- $\bullet\,$ CRs scatter on magnetic fields \rightarrow isotropization of CR momenta
- CR streaming instability: Kulsrud & Pearce 1969
 - if v_{cr} > v_A, CR current provides steady driving force, which amplifies an Alfvén wave field in resonance with the gyroradii of CRs
 - scattering off of this wave field limits the (GeV) CRs' bulk speed ~ v_A
 - wave damping: transfer of CR energy and momentum to the thermal gas



\rightarrow CRs exert a pressure on the thermal gas by means of scattering off of Alfvén waves



 Introduction and Motivation
 Puzzles in galaxy formation

 Cosmic ray simulations
 Galactic winds

 AGN feedback
 Cosmic rays

CR transport

- total CR velocity $\boldsymbol{v}_{cr} = \boldsymbol{v} + \boldsymbol{v}_{st} + \boldsymbol{v}_{di}$ (where $\boldsymbol{v} \equiv \boldsymbol{v}_{gas}$)
- CRs stream down their own pressure gradient relative to the gas, CRs diffuse in the wave frame due to pitch angle scattering by MHD waves (both transports are along the local direction of **B**):

$$\mathbf{v}_{\rm st} = -\frac{\mathbf{B}}{\sqrt{4\pi\rho}} \frac{\mathbf{b} \cdot \nabla P_{\rm cr}}{|\mathbf{b} \cdot \nabla P_{\rm cr}|}, \qquad \mathbf{v}_{\rm di} = -\kappa_{\rm di} \mathbf{b} \frac{\mathbf{b} \cdot \nabla \varepsilon_{\rm cr}}{\varepsilon_{\rm cr}},$$

• energy equations with $\varepsilon = \varepsilon_{\rm th} + \rho v^2/2$:

$$\frac{\partial \varepsilon}{\partial t} + \nabla \cdot \left[(\varepsilon + P_{th} + P_{cr}) \mathbf{v} \right] = P_{cr} \nabla \cdot \mathbf{v} - \mathbf{v}_{st} \cdot \nabla P_{cr}$$

$$\frac{\partial \varepsilon_{cr}}{\partial t} + \nabla \cdot \left[P_{cr} \mathbf{v}_{st} + \varepsilon_{cr} (\mathbf{v} + \mathbf{v}_{st} + \mathbf{v}_{di}) \right] = -P_{cr} \nabla \cdot \mathbf{v} + \mathbf{v}_{st} \cdot \nabla P_{cr}$$

$$\iff \frac{\partial \varepsilon_{cr}}{\partial t} + \nabla \cdot \left[\varepsilon_{cr} (\mathbf{v} + \mathbf{v}_{st} + \mathbf{v}_{di}) \right] = -P_{cr} \nabla \cdot (\mathbf{v} + \mathbf{v}_{st})$$

Sedov explosions Galaxy simulations Cosmological simulations

Cosmological moving-mesh code AREPO (Springel 2010)





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Simulations – flowchart

ISM observables:

Physical processes in the ISM:







C.P., Pakmor, Schaal, Simpson, Springel (2016)

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Simulations with cosmic ray physics

ISM observables:

Physical processes in the ISM:



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Simulations with cosmic ray physics

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Simulations with cosmic ray physics

ISM observables:

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Gamma-ray emission of the Milky Way



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Sedov explosion

density

1.0 4.0 3.5 0.8 3.0 0.6 2.5 2.0 ີ 0.4 1.5 1.0 0.2 0.5 0.0 0.2 0.4 0.6 0.8 1.0

C.P., Pakmor, Schaal, Simpson, Springel (2016)

specific thermal energy





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Sedov explosion with CR acceleration

density





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Sedov explosion with CR acceleration

adiabatic index

shock evolution



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Sedov explosion with CR acceleration



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Galaxy simulation setup: 1. cosmic ray advection



C.P., Pakmor, Schaal, Simpson, Springel (2016) Simulating cosmic ray physics on a moving mesh

MHD + cosmic ray advection



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Time evolution of SFR and energy densities



C.P., Pakmor, Schaal, Simpson, Springel (2016)

- CR pressure feedback suppresses SFR more in smaller galaxies
- energy budget in disks is dominated by CR pressure
- magnetic dynamo faster in Milky Way galaxies than in dwarfs



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MHD galaxy simulation without CRs



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MHD galaxy simulation with CRs



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Gas density in galaxies from 10^{10} to 10^{12} M_{\odot}



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CR energy density in galaxies from 10^{10} to 10^{12} M $_{\odot}$



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Temperature-density plane: CR pressure feedback



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Anisotropic CR diffusion

- diffusion of CR energy density along magnetic field lines
- implemented on unstructured mesh in AREPO
- implicit solver with local time stepping
- obeys 1. and 2. law of thermodynamics (energy and entropy flux conserving)



Pakmor, C.P., Simpson, Kannan, Springel (2016)


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Galaxy simulation setup: 2. cosmic ray diffusion



Pakmor, C.P., Simpson, Springel (2016) Galactic winds driven by isotropic and anisotropic cosmic ray diffusion in isolated disk galaxies

MHD + cosmic ray advection + diffusion

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MHD galaxy simulation with CR diffusion



Pakmor, C.P., Simpson, Springel (2016)

HITS

- CR diffusion launches powerful winds
- simulation without CR diffusion exhibits only weak fountain flows

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MHD galaxy simulation with CR isotropic diffusion



Pakmor, C.P., Simpson, Springel (2016)

- CR diffusion strongly suppresses SFR
- strong outflow quenches magnetic dynamo to yield $B \sim 0.1 \, \mu \text{G}$



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MHD galaxy simulation with CR anisotropic diffusion



Pakmor, C.P., Simpson, Springel (2016)

- anisotropic CR diffusion also suppresses SFR
- reactivation of magnetic dynamo: growth to observed strengths



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Cosmic ray driven wind: mechanism



CR streaming: Uhlig, C.P.+ (2012) CR diffusion: Booth+ (2013), Hanasz+ (2013), Salem & Bryan (2014)



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Conclusions on cosmic-ray feedback in galaxies

- CR pressure feedback slows down star formation and provides additional stability to galactic disks
- galactic winds are naturally explained by CR diffusion
- anisotropic CR diffusion necessary for efficient galactic dynamo: observed field strengths of *B* ~ 10 μG

 \rightarrow versatile CR-MHD code to explore the physics of galaxy formation! outlook: improved modeling of plasma physics, cosmological settings



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Cosmological simulations with cosmic rays



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Cosmological simulations with cosmic rays



НІТЯ

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Unveiling the physics of galaxy formation

Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

"Radio-mode" AGN feedback



HITS

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Radio mode feedback by AGN: open questions

• energy source:

release of non-gravitational accretion energy of a black hole

- jet-ICM interaction and rising bubbles:
 - 1.) magnetic draping \rightarrow amplification
 - 2.) CR confinement vs. release
 - 3.) excitation of turbulence
- heating mechanism:
 - 1.) self-regulated to avoid overcooling
 - 2.) thermally stable to explain T floor
 - 3.) low energy coupling efficiency
- cosmic ray heating:
 - 1.) are CRs efficiently mixed into the ICM?
 - 2.) is the CR heating rate sufficient to balance cooling?
 - 3.) how universal is this heating mechanism in cool cores?





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Messier 87 at radio wavelengths



 $\nu =$ 1.4 GHz (Owen+ 2000)



 $\nu =$ 140 MHz (LOFAR/de Gasperin+ 2012)

- high-*ν*: freshly accelerated CR electrons low-*ν*: fossil CR electrons → time-integrated AGN feedback!
- LOFAR: halo confined to same region at all frequencies and no low-ν spectral steepening → puzzle of "missing fossil electrons"

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Solutions to the "missing fossil electrons" problem

solutions:

 special time: M87 turned on ~ 40 Myr ago after long silence

⇔ conflicts order unity duty cycle inferred from stat. AGN feedback studies (Birzan+ 2012)

• Coulomb cooling removes fossil electrons \rightarrow efficient mixing of CR electrons and protons with dense cluster gas \rightarrow predicts γ rays from CRp-p interactions: $p + p \rightarrow \pi^0 + ... \rightarrow 2\gamma + ...$



C.P. (2013)



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The gamma-ray picture of M87

- high state is time variable
 → jet emission
- low state:(1) steady flux
 - (2) γ -ray spectral index (2.2)
 - = CRp index
 - CRe injection index as probed by LOFAR
 - (3) spatial extension is under investigation (?)



Rieger & Aharonian (2012)

 \rightarrow confirming this triad would be smoking gun for first γ -ray signal from a galaxy cluster!



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Estimating the CR pressure in M87

hypothesis: low state of γ -ray emission traces π^0 decay in ICM:

- X-ray data $\rightarrow n$ and T profiles
- assume X_{cr} = P_{cr}/P_{th} (heating due to streaming CRs in steady state)
- $F_{\gamma} \propto \int dV P_{cr} n$ enables to estimate $P_{cr}/P_{th} = 0.31$ (allowing for Coulomb cooling with $\tau_{Coul} = 40$ Myr)



Rieger & Aharonian (2012)

 \rightarrow in agreement with non-thermal pressure constraints from dynamical potential estimates $_{(Churazov+\ 2010)}$



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Cosmic-ray heating vs. radiative cooling (1)

CR Alfvén-wave heating:

(Loewenstein, Zweibel, Begelman 1991, Guo & Oh 2008, Enßlin+ 2011)

$$\mathcal{H}_{cr} = -\boldsymbol{v}_{\mathcal{A}} \cdot \boldsymbol{\nabla} \boldsymbol{P}_{cr} = -\boldsymbol{v}_{\mathcal{A}} \left(\boldsymbol{X}_{cr} \nabla_r \langle \boldsymbol{P}_{th} \rangle_{\Omega} + \frac{\delta \boldsymbol{P}_{cr}}{\delta l} \right)$$

- Alfvén velocity v_A = B/√4πρ with B ~ B_{eq} from LOFAR and ρ from X-ray data
- X_{cr} inferred from γ rays
- P_{th} from X-ray data
- pressure fluctuations $\delta P_{\rm cr}/\delta l$ (e.g., due to weak shocks of $\mathcal{M}\simeq$ 1.1)

radiative cooling:

$$\mathcal{C}_{rad} = n_e n_i \Lambda_{cool}(T, Z)$$

 cooling function Λ_{cool} with Z ≃ Z_☉, all quantities determined from X-ray data



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Cosmic-ray heating vs. radiative cooling (2) Global thermal equilibrium on all scales in M87



Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Local stability analysis (1)



- kТ
- isobaric perturbations to global thermal equilibrium
- CRs are adiabatically trapped by perturbations

Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Local stability analysis (1)



• isobaric perturbations to global thermal equilibrium

• CRs are adiabatically trapped by perturbations



Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Local stability analysis (1)



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Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Local stability analysis (1)



- isobaric perturbations to global thermal equilibrium
- CRs are adiabatically trapped by perturbations

Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Local stability analysis (2) Theory predicts observed temperature floor at $kT \simeq 1$ keV



Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Virgo cluster cooling flow: temperature profile X-ray observations confirm temperature floor at $kT \simeq 1$ keV



Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Emerging picture of CR feedback by AGNs

(1) during buoyant rise of bubbles:
 CRs diffuse and stream outward
 → CR Alfvén-wave heating

(2) if bubbles are disrupted, CRs are injected into the ICM and caught in a turbulent downdraft that is excited by the rising bubbles

→ CR advection with flux-frozen field → adiabatic CR compression and energizing: $P_{\rm cr}/P_{\rm cr,0} = \delta^{4/3} \sim 20$ for compression factor $\delta = 10$

(3) CR escape and outward streaming \rightarrow CR Alfvén-wave heating





Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Prediction: flattening of high- ν radio spectrum



How universal is CR heating in cool core clusters?

- no γ rays observed from other clusters $\rightarrow P_{cr}$ unconstrained
- strategy: construct sample of 24 cool cores
 - (1) assume $\mathcal{H}_{cr} = \mathcal{C}_{rad}$ at $r = r_{cool, 1 \, Gyr}$
 - (2) assume steady-state CR streaming: $P_{\rm cr} \propto P_{\rm th}$
 - (3) adopt B model from Faraday rotation studies:

B= 40 $\mu \textrm{G} imes \left(\textit{n}/0.1\,\textrm{cm}^{-3}
ight)^{lpha_{\textit{B}}}$ where $lpha_{\textit{B}} \in \{2/3,1\}$

 (4) calculate hadronic radio and γ-ray emission and compare to observations

consequences:

 \Rightarrow if $\mathcal{H}_{cr} = C_{rad} \forall r$ and hadr. emission below observational limits: successful CR heating model that is locally stabilized at $\sim 1 \text{ keV}$

 \Rightarrow otherwise CR heating ruled out as dominant heating source



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Cosmic-ray heating in cool core clusters (1)



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Cosmic-ray heating in cool core clusters (2)



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Cosmic-ray heating in Hydra A vs. Perseus



Jacob & C.P. (2016)

2 populations of cool cores emerging:

- pop 1 (Hydra A, Virgo, ...): $\mathcal{H}_{cr} = \mathcal{C}_{rad} \rightarrow CR$ heated?
- pop 2 (Perseus, Ophiuchus, ...): $\mathcal{H}_{cr} \neq \mathcal{C}_{rad}$: host radio-mini halos!



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Non-thermal pressure balance



• define $X_{cr} = P_{cr}/P_{th}$ and $X_B = P_B/P_{th}$

.

- CR heating rate: $\mathcal{H}_{cr} = -\boldsymbol{v}_{A} \cdot \boldsymbol{\nabla} \boldsymbol{P}_{cr} \propto X_{B}^{0.5} X_{cr}$
- non-thermal pressure at fixed heating rate:

$$X_{
m nt} \equiv (X_{\mathcal{B}} + X_{
m cr})_{\mathcal{H}_{
m cr}} = A X_{
m cr}^{-2} + X_{
m cr} \quad
ightarrow \quad X_{
m cr,min} = (2A)^{1/3}$$

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Hadronic emission: radio and γ rays



Jacob & C.P. (2016)



Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Hadronic emission: radio and γ rays



Jacob & C.P. (2016)



Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Hadronic emission: radio and γ rays



Jacob & C.P. (2016)



Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Hadronic emission: radio and γ rays



Jacob & C.P. (2016)

• CR heating solution ruled out in radio mini-halos $(\mathcal{H}_{cr} \neq \mathcal{C}_{rad})!$



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Correlations in cool cores



possibly cosmic ray-heated cool cores vs. radio mini halo clusters:

- $F_{\nu,obs} > F_{\nu,pred}$: strong radio source = abundant injection of CRs
- peaked CC profile (r_{cool} ≤ 20 kpc) and simmering star formation: cosmic-ray heating may effectively balance cooling
- Iarge star formation rates: cooling wins over heating



Conclusions on AGN feedback by cosmic-ray heating

cosmic-ray heating in M87:

- LOFAR puzzle of "missing fossil electrons" in M87 solved by mixing with dense cluster gas and Coulomb cooling
- predicted γ rays identified with low state of M87
 - \rightarrow estimate CR-to-thermal pressure of $X_{cr} = 0.31$
- CR Alfvén wave heating balances radiative cooling on all scales within the central radio halo (r < 35 kpc)
- local thermal stability analysis predicts observed temperature floor at $kT \simeq 1 \text{ keV}$

diversity of cool cores:

- peaked cool cores: possibly stably heated by cosmic rays
- radio mini halo clusters: cosmic-ray heating ruled out systems are strongly cooling and form stars at large rates



Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

CRAGSMAN: The Impact of Cosmic RAys on Galaxy and CluSter ForMAtioN



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Literature for the talk

Cosmic ray feedback in galaxies:

- Pfrommer, Pakmor, Schaal, Simpson, Springel, *Simulating cosmic ray physics on a moving mesh*, 2016.
- Pakmor, Pfrommer, Simpson, Springel, Galactic winds driven by isotropic and anisotropic cosmic ray diffusion in isolated disk galaxies, 2016.

AGN feedback by cosmic rays:

- Pfrommer, Toward a comprehensive model for feedback by active galactic nuclei: new insights from M87 observations by LOFAR, Fermi and H.E.S.S., 2013, ApJ, 779, 10.
- Jacob & Pfrommer, Diversity in cool core clusters: implications for cosmic-ray heating, 2016



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Additional slides



Heating the cooling gas in M87 Diversity of cool core clusters Conclusions

Self-consistent CR pressure in steady state

• CR streaming transfers energy per unit volume to the gas as

$$\Delta arepsilon_{\mathsf{th}} = - au_{\mathsf{A}} oldsymbol{v}_{\mathsf{A}} oldsymbol{\cdot} oldsymbol{
abla}_{\mathsf{cr}} pprox oldsymbol{P}_{\mathsf{cr}} pprox oldsymbol{P}_{\mathsf{cr}} = X_{\mathsf{cr}} oldsymbol{P}_{\mathsf{th}},$$

where $\tau_A = \delta I / v_A$ is the Alfvén crossing time and δI the CR pressure gradient length

- comparing the first and last term suggests that a constant CR-to-thermal pressure ratio X_{cr} is a necessary condition if CR streaming is the dominant heating process
- \rightarrow thermal pressure profile adjusts to that of the streaming CRs!



Critical length scale of the instability (\sim Fields length)

• CR streaming transfers energy to a gas parcel with the rate

$$\mathcal{H}_{cr} = -\boldsymbol{v}_{A} \cdot \boldsymbol{\nabla} \boldsymbol{P}_{cr} \sim f_{s} \boldsymbol{v}_{A} |\nabla \boldsymbol{P}_{cr}|,$$

where f_s is the magnetic suppression factor

- $\bullet\,$ line and bremsstrahlung emission radiate energy with a rate \mathcal{C}_{rad}
- limiting size of unstable gas parcel since CR Alfvén-wave heating smoothes out temperature inhomogeneities on small scales:

$$\lambda_{\text{crit}} = rac{f_s v_A P_{\text{cr}}}{\mathcal{C}_{\text{rad}}}$$

however: unstable wavelength must be supported by the system
 → constraint on magnetic suppression factor f_s



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Critical length scale of the instability (\sim Fields length)



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CR heating dominates over thermal conduction



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Impact of varying Alfvén speed on CR heating



parameterise $B \propto \rho^{\alpha_B}$, which implies $v_A = B/\sqrt{4\pi\rho} \propto \rho^{\alpha_B-1/2}$:

- $\alpha_B = 0.5$ is the geometric mean, implying $v_A = \text{const.}$
- $\alpha_B = 0$ for collapse along **B**, implying $v_{A,\parallel} \propto \rho^{-1/2}$

• $\alpha_B = 1$ for collapse perpendicular to **B**, implying $v_{A,\perp} \propto \rho^{1/2}$



Cosmic-ray heating vs. radiative cooling (3)

is this global thermal equilibrium a coincidence in Virgo?

- CCs typically show a steep central density profile: $n \propto r^{-1}$
- central temperature profile rises slowly: $T \propto r^{\alpha}$, with $\alpha \lesssim 0.3$
- assume v_A = const. and steady-state CR streaming ⇒ X_{cr} = P_{cr}/P_{th} (also required for self-consistency):

$$\begin{array}{ll} \mathcal{H}_{\rm cr} & \propto & \displaystyle \frac{\partial}{\partial r} \mathcal{P}_{\rm th} \propto \displaystyle \frac{\partial}{\partial r} r^{\alpha-1} \propto r^{\alpha-2} \\ \mathcal{C}_{\rm rad} & \propto & \displaystyle n^2 \propto r^{-2} \end{array}$$

(1) identical radial profiles expected for $T \simeq \text{const.} (\alpha \simeq 0)$ (2) for a smoothly rising temperature profile, heating is slightly favored over cooling at larger radii \rightarrow onset of cooling is smoothly modulated from the outside in